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Friday Mon 7.

My dear Mrs. Gibbs

I am very sorry indeed to lose my visit at Inswick, but I have been so severely handled by my Bilious friend since I saw you as to be unfitted for everything but a journey Eastward. I can assure you I have had even a harder rub than I experienced at the Cove, but it wd have been harder yet if I had not remembered the vigor of your practise & imitated it. It would have done your heart good to have witnessed the courage of your pupil in the self administration of Specac & Boneset. I did not send for a Physician till I had already conquered so that he merely had the poor satisfaction of lacking on the seeing how nature & nature genius could triumph unaided by the learned art. I am still quite weak from the exhaustion consequent upon the Heroic practise. Except for this, I should before this have put a note for you into the Fox, but I could not get there myself & had no means of sending. I now I am late & afraid of losing my